

# Bridge Collective online Activities & Groups



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## Mon

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### [Art at the Bridge:](#)



We are holding online art group meet-ups on some Monday afternoons. Open to all, they will be a time to get together and share ideas of art to do at home, and to join in a relaxed, enjoyable art activity together online. Please see the What's On page on the website, or look on facebook for current dates.

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## Tues

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### [Experts by Experience:](#)



Experts by Experience:

Mental health awareness workshop team. We are a group of people who use or have used mental health services as well as people with experience of supporting friends and family. We aim to share our experiences to: promote positive public awareness, increase confidence in talking about mental health, and increase access to a wide range of understandings about mental health. Whilst we are unable to meet in person, we are holding our Monthly Meeting online at the same time of [11am - 1pm on the 1st](#) Tuesday of the month and the Development Meeting from 11am - 12.30pm on the 3rd

Tuesday of each month.

All welcome. Email [ebye@bridgecollective.org.uk](mailto:ebye@bridgecollective.org.uk) to receive the link to join this online meet-up. Please refer to our What's On page for news of our other meetings and activities.--

Experts by Experience Facilitator telephone numbers:

Gill - [07939 991035](tel:07939991035)

Sarah - [07939 991051](tel:07939991051)

### [Company systems working party:](#)



This monthly working party is for skill sharing and doing bite size chunks of our company running systems e.g. – safe systems, accessibility, maintenance. We are currently meeting up online once a month 2-3pm on the 2nd Tuesday of the month. Email: [info@bridgecollective.org.uk](mailto:info@bridgecollective.org.uk) for a link to join this online meet-up.

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## Wed

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### [Open Minds:](#)



Open Minds is a peer support group for people who see, hear, or sense things other people don't (sometimes labeled 'psychosis'). At the moment we are aiming to meet online via Zoom from 1 – 2pm on the 2nd Wednesday of the month for chat, support, sharing ideas, and general discussion. Keep an eye on The Bridge Facebook page for details of our next meeting or email us [openminds@bridgecollective.org.uk](mailto:openminds@bridgecollective.org.uk).



### **Greenwood Project:**

Coming together to share connection with nature and making things by hand from natural materials we collect ourselves: all allow us to see and experience life in a new healing way. Until we are able to meet again in the woods and the countryside, we'll be meeting online on the third Wednesday of each month from 2-3.30pm (see [What's On](#) for current dates), and sharing experiences and news on the Bridge facebook.

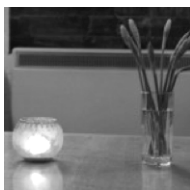
### **Newsletter working space:**

We currently meet online from 11am-12 midday on some Wednesdays – see the What's On page - for planning and putting together our quarterly Bridge Collective newsletter. Email: [newsletter@bridgecollective.org.uk](mailto:newsletter@bridgecollective.org.uk) for a link to join this online meet-up.

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## **Thurs**

### **Open Space:**



1-2pm on as many Thursdays as we can. (see [What's On](#) for current Thursday online open spaces). Drop in to this online meet-up anytime between 1 and 2pm. This is a space to find out about and our online meet-ups, to connect with the Bridge and with each other. All welcome. Email: [info@bridgecollective.org.uk](mailto:info@bridgecollective.org.uk) for a link to join this online meet-up.

### **Community meeting:**



We're a social enterprise, building a company and community. The Bridge Collective has a unique organisational structure. It is a flat organisation aiming for everyone involved to have the same power to make decisions as everyone else. Decisions about the running of the collective are made at our community meetings open to all. Currently 1-3pm every 3<sup>rd</sup> Thursday. (see [What's On](#) for current dates).

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## **Finding out about our online meet-ups**



For more information and to find out more about what we do - you are very welcome to come to our online Thursday Open Space.

Email: [info@bridgecollective.org.uk](mailto:info@bridgecollective.org.uk), or Phone: 01392 433358

Details of our online meet-ups can be found here:

- What's On page: <http://www.bridgecollective.org.uk/whats-on/>
- Calendar page: <http://www.bridgecollective.org.uk/calendar/>
- Facebook page: <https://www.facebook.com/bridgecollective>